

RENEW



A daily Scripture reading journal and Growth Group tool



RENEW



This is a guide to help our church collectively read Scripture and study a topic together. Throughout the rest of the year our church will be releasing a new journal each month that will go through sections of Scripture that will correlate with a specific topic for that particular month.

Use this tool to get into God's Word daily.

And then take what you have read, prayed through, journaled, and learned into your Growth Group discussions. You can even use this tool to keep each other accountable within your Growth Groups for your daily Scripture reading and prayer life. This tool can be added to any kind of Scripture reading plan you may already have in place.

Within this journal you will find:

1. Growth Group example
2. How to R.E.A.P. guide
3. A section or sections of Scripture for each day of the month, except for Sundays where we will provide a page for you to take notes from the message at church that day



If you can't print a physical copy or if you want more room to write, download an electronic copy from renewchurch.ca/may-2018-reap to use as a guide as you write in your own personal journal.



Our topic of study and reflection this month is Peace.

Growth Group example

Use this section to help run your monthly or bi-weekly Growth Groups.

1. Listen & share (15 minutes)

Each person shares what he or she has learned from God.

Come prepared to share some notes or thoughts from what you have learned in the Scripture you have read since your last meeting together. Share how you can obey what you have learned.

2. Group study (20 minutes)

The group spends some time looking at a short passage of Scripture from this journal and discussing the topic it deals with. Utilizing what each member has recorded during their R.E.A.P. process and discussing any questions that have appeared from their studies.

3. Confess & believe (25 minutes)

Here is where the nitty gritty happens. Each person spends some time reviewing the accountability questions, confessing, and turning from their sin. While sin is being confessed each member should be speaking the gospel into each other's lives. The confessing of sin should be coupled with the truth of who Jesus is and what He has done for us.

Some Scripture for confession: **Proverbs 28:13, James 5:16, 1John 1:9, Psalm 32:1-5, 1 Peter 5:6**. The accountability questions provided in the next section are a great tool to facilitate this time of confession and belief.

4. Consider & pray (15 minutes)

Pray for each other. Pray for non-believers.

Each person should share how their relationships and conversations have gone with their non-believing friends. People can share how they plan to weave a specific person into their spiritual community (Renew Groups). Then pray for those people by name for Jesus to save them.

How to



To R.E.A.P. you will need a Bible, pen, and this journal.

Remember to pray as you open the Bible, asking God to show you the grace of Jesus.



1. Read the passage

Read it a few times, silently and out loud, with a pen in hand. Note thoughts that might be significant. Answer the question, “What do I see?”



2. Examine the passage

At this point, we will answer some questions about the meaning of the text. Work through this list of questions:

- What does the text mean?
- What is the context of the passage?
- What do I like? Is there anything that I don't like?
- Is there anything I don't understand?
- What do I learn about God, people or myself from this passage?

(If you are feeling unsure about your understanding, consult a scholar or commentary)



3. Apply the passage

Answer the question, “No matter where I am spiritually, what would it look like for me to apply this week what we just read and talked about?” Write out your response to this question.



4. Pray

Ask that God would be glorified as we seek to apply the passage this week.

The goal of this kind of Bible study is primarily to grow in faith and obedience, not mere knowledge. Keep that in mind and be attentive during each step of the R.E.A.P. process.

Accountability questions

These questions are a starting point for your Growth Group. Develop your own over time!

- How has your anger or fear or anxiety or addiction shown up this week? How does that reveal what you're trusting in besides God?
- How have you wasted time?
- How have you felt yourself resisting obedience to God this week: in your mission to the lost? In your sacrificial love for community?
- In light of God's love toward you, do you need to reconcile with somebody? Are you subconsciously holding a grudge?
- How have you battled sexual or intimacy temptation and how are you preparing to deal with it next week?
- How has the Holy Spirit been testing and growing you this week? Did you respond in faith or grumbling?
- Is anything (school, work, technology, etc.) isolating you from important relationships?

• _____
(Your personalized question)

TUESDAY
MAY
01

R

READ:
Romans 5:1-11

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

WEDNESDAY
MAY
02

R

READ:
Psalm 29:1-11

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

THURSDAY
MAY
03

R

READ:
Psalm 37:10-19

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

FRIDAY
MAY
04

R

READ:
Job 5:17-27

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

SATURDAY
MAY
05

R

READ:
Proverbs 16:1-7

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

MONDAY
MAY
07

R

READ:
Psalm 4:1-8

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

TUESDAY
MAY
08

R

READ:
Psalm 120:1-11

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

WEDNESDAY
MAY
09

R

READ:
Psalm 85:1-13

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

THURSDAY
MAY
10

R

READ:
Proverbs 3:13-22

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

FRIDAY
MAY
11

R

READ:
Hebrews 12:7-14

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

SATURDAY
MAY
12

R

READ:
Isaiah 9:1-7

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

MONDAY
MAY
14

R

READ:
John 14:23-31

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

TUESDAY
MAY
15

R

READ:
Isaiah 26:1-13

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

WEDNESDAY
MAY
16

R

READ:
Proverbs 12:15-23

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

THURSDAY
MAY
17

R

READ:
Romans 14:1-11

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

FRIDAY
MAY
18

R

READ:
Romans 14:12-23

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

SATURDAY
MAY
19

R

READ:
Isaiah 54:1-10

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

SUNDAY
MAY
20

MESSAGE NOTES:

Lined area for message notes, consisting of 25 horizontal lines.

PEACE

MONDAY
MAY
21

R

READ:
Philippians 4:1-7

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

TUESDAY
MAY
22

R

READ:
Isaiah 55:1-13

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

WEDNESDAY
MAY
23

R

READ:
Matthew 5:1-12

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

THURSDAY
MAY
24

R

READ:
Psalm 119:161-168

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

FRIDAY
MAY
25

R

READ:
James 3:10-18

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

SATURDAY
MAY
26

R

READ:
Romans 8:1-6

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

SUNDAY
MAY
27

MESSAGE NOTES:

Lined area for message notes, consisting of 25 horizontal lines.

PEACE

MONDAY
MAY
28

R

READ:
Proverbs 16:1-7

E

EXAMINE:

What does the text mean?

What is the context of the passage?

What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

TUESDAY
MAY
29

R

READ:
2 Thessalonians 1:1-12

E

EXAMINE:

What does the text mean?

What is the context of the passage?

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Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

A

APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

WEDNESDAY
MAY
30

R

READ:
1 Corinthians 15:1-11

E

EXAMINE:

What does the text mean?

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What do I like? Is there anything that I don't like?

Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

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APPLY:

What would it look like for me to apply this week what I just read?

P

PRAY:

PEACE

THURSDAY
MAY
31

R

READ:
John 16:21-33

E

EXAMINE:

What does the text mean?

What is the context of the passage?

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Is there anything I don't understand?

What do I learn about God, people or myself from this passage?

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APPLY:

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PRAY:

PEACE