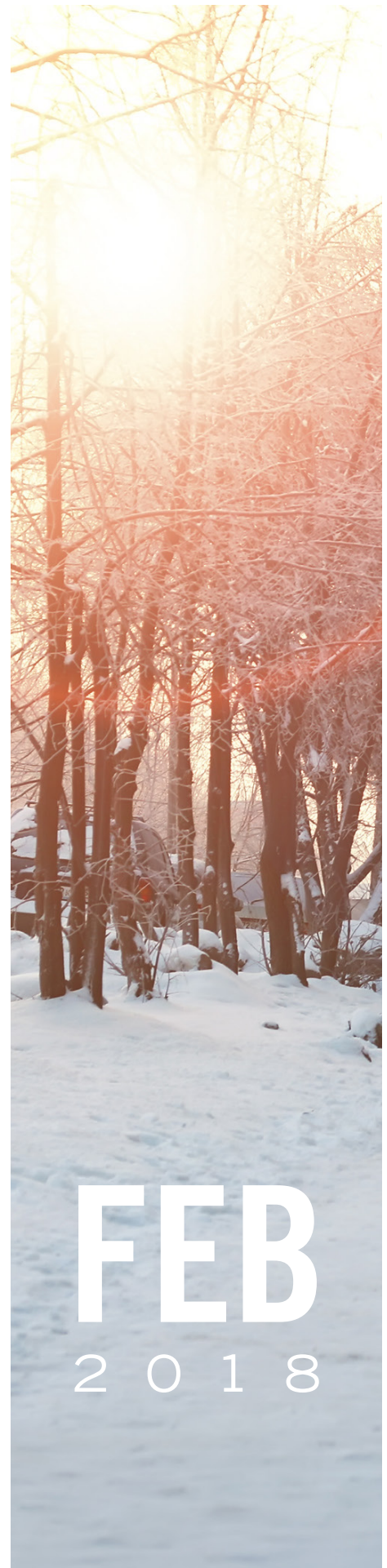


RENEW



A daily Scripture reading  
journal and Growth Group tool



FEB  
2018

# RENEW



This is a guide to help our church collectively read Scripture and study a topic together. Throughout the rest of the year our church will be releasing a new journal each month that will go through sections of Scripture that will correlate with a specific topic for that particular month.

**Use this tool to get into God's Word daily.**

And then take what you have read, prayed through, journaled, and learned into your Growth Group discussions. You can even use this tool to keep each other accountable within your Growth Groups for your daily Scripture reading and prayer life. This tool can be added to any kind of Scripture reading plan you may already have in place.

Within this journal you will find:

1. Growth Group example
2. How to R.E.A.P. guide
3. A section or sections of Scripture for each day of the month, except for Sundays where we will provide a page for you to take notes from the message at church that day

# Growth Group example

Use this section to help run your monthly or bi-weekly Growth Groups.

## 1. Listen & share (15 minutes)

Each person shares what he or she has learned from God.

Come prepared to share some notes or thoughts from what you have learned in the Scripture you have read since your last meeting together. Share how you can obey what you have learned.

## 2. Group study (20 minutes)

The group spends some time looking at a short passage of Scripture from this journal and discussing the topic it deals with. Utilizing what each member has recorded during their R.E.A.P. process and discussing any questions that have appeared from their studies.

## 3. Confess & believe (25 minutes)

Here is where the nitty gritty happens. Each person spends some time reviewing the accountability questions, confessing, and turning from their sin. While sin is being confessed each member should be speaking the gospel into each other's lives. The confessing of sin should be coupled with the truth of who Jesus is and what He has done for us.

Some Scripture for confession: **Proverbs 28:13, James 5:16, 1John 1:9, Psalm 32:1-5, 1 Peter 5:6**. The accountability questions provided in the next section are a great tool to facilitate this time of confession and belief.

## 4. Consider & pray (15 minutes)

Pray for each other. Pray for non-believers.

Each person should share how their relationships and conversations have gone with their non-believing friends. People can share how they plan to weave a specific person into their spiritual community (Renew Groups). Then pray for those people by name for Jesus to save them.

# How to



To R.E.A.P. you will need a Bible, pen, and this journal.

Remember to pray as you open the Bible, asking God to show you the grace of Jesus.



## 1. Read the passage

Read it a few times, silently and out loud, with a pen in hand. Note thoughts that might be significant. Answer the question, “What do I see?”



## 2. Examine the passage

At this point, we will answer some questions about the meaning of the text. Work through this list of questions:

- What does the text mean?
- What is the context of the passage?
- What do I like? Is there anything that I don't like?
- Is there anything I don't understand?
- What do I learn about God, people or myself from this passage?

(If you are feeling unsure about your understanding, consult a scholar or commentary)



## 3. Apply the passage

Answer the question, “No matter where I am spiritually, what would it look like for me to apply this week what we just read and talked about?” Write out your response to this question.



## 4. Pray

Ask that God would be glorified as we seek to apply the passage this week.

The goal of this kind of Bible study is primarily to grow in faith and obedience, not mere knowledge. Keep that in mind and be attentive during each step of the R.E.A.P. process.

# Accountability questions

These questions are a starting point for your Growth Group. Develop your own over time!

- How has your anger or fear or anxiety or addiction shown up this week? How does that reveal what you're trusting in besides God?
- How have you wasted time?
- How have you felt yourself resisting obedience to God this week: in your mission to the lost? In your sacrificial love for community?
- In light of God's love toward you, do you need to reconcile with somebody? Are you subconsciously holding a grudge?
- How have you battled sexual or intimacy temptation and how are you preparing to deal with it next week?
- How has the Holy Spirit been testing and growing you this week? Did you respond in faith or grumbling?
- Is anything (school, work, technology, etc.) isolating you from important relationships?

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*(Your personalized question)*

THURSDAY  
FEBRUARY

01

FAITH:  
By Faith  
Part 1

R

READ:

**Hebrews 11:1-22**

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E

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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A

APPLY:

What would it look like for me to  
 apply this week what I read?

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PRAY:

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FRIDAY  
FEBRUARY

02

FAITH:  
By Faith  
Part 2

R

READ:

**Hebrews 11:23-40**

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EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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A

APPLY:

What would it look like for me to  
 apply this week what I read?

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P

PRAY:

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MONDAY  
FEBRUARY  
**05**

FAITH:  
Trusting  
God to  
the End

**R**

READ:  
**Daniel 3:1-30**

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**E**

EXAMINE:

What does the text mean?  
What is the context of the passage?  
What do I like?  
Is there anything that I don't like?  
Is there anything I don't understand?  
What do I learn about God, people  
or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
apply this week what I read?

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**P**

PRAY:

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TUESDAY  
FEBRUARY  
**06**

FAITH:  
Trusting  
God Through  
Prayer

**R**

READ:  
**1 Samuel 1:7-20**

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**E**

EXAMINE:

What does the text mean?  
What is the context of the passage?  
What do I like?  
Is there anything that I don't like?  
Is there anything I don't understand?  
What do I learn about God, people  
or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
apply this week what I read?

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**P**

PRAY:

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WEDNESDAY  
FEBRUARY  
**07**

FAITH:  
Gospel

**R**

READ:  
**Romans 1:1-17**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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THURSDAY  
FEBRUARY  
**08**

FAITH:  
Justification  
by Faith

**R**

READ:  
**Romans 3:21 – 4:24**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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FRIDAY  
FEBRUARY  
**09**FAITH:  
Results**R****READ:**  
**Romans 5:1-21**

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**E****EXAMINE:**

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A****APPLY:**

What would it look like for me to  
 apply this week what I read?

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**P****PRAY:**

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SATURDAY  
FEBRUARY  
**10**FAITH:  
In Action**R****READ:**  
**Matthew 21:18-22,**  
**Matthew 17:14-20,**  
**Mark 5:21-43**

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**E****EXAMINE:**

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A****APPLY:**

What would it look like for me to  
 apply this week what I read?

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**P****PRAY:**

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TUESDAY  
FEBRUARY

13

FAITH:  
Fuels Good  
Works

R

READ:  
**James 2:14-26**


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EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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A

APPLY:

What would it look like for me to  
 apply this week what I read?

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PRAY:

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WEDNESDAY  
FEBRUARY

14

FAITH:  
The Cost

R

READ:  
**Philippians 3:1-11**


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E

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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A

APPLY:

What would it look like for me to  
 apply this week what I read?

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P

PRAY:

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THURSDAY  
FEBRUARY  
**15**

FAITH:  
Follow the  
Example

**R**

READ:  
**Philippians 3:12-21**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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FRIDAY  
FEBRUARY  
**16**

FAITH:  
Even in  
the Fight

**R**

READ:  
**1 Timothy 6:6-16**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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MONDAY  
FEBRUARY

19

FAITH:  
In His  
Sufficiency

R

READ:  
**Hebrews 10:1-25**


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EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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A

APPLY:

What would it look like for me to  
 apply this week what I read?

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P

PRAY:

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TUESDAY  
FEBRUARY

20

FAITH:  
In His Spirit

R

READ:  
**John 15:26 –  
16:5-22**


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E

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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A

APPLY:

What would it look like for me to  
 apply this week what I read?

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PRAY:

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WEDNESDAY  
FEBRUARY

21

FAITH:  
In Obedience

R

READ:  
1 John 2:1-6

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E

EXAMINE:

What does the text mean?  
What is the context of the passage?  
What do I like?  
Is there anything that I don't like?  
Is there anything I don't understand?  
What do I learn about God, people  
or myself from this passage?

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A

APPLY:

What would it look like for me to  
apply this week what I read?

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PRAY:

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THURSDAY  
FEBRUARY

22

FAITH:  
Holiness

R

READ:  
Psalm 119:1-32

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E

EXAMINE:

What does the text mean?  
What is the context of the passage?  
What do I like?  
Is there anything that I don't like?  
Is there anything I don't understand?  
What do I learn about God, people  
or myself from this passage?

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A

APPLY:

What would it look like for me to  
apply this week what I read?

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P

PRAY:

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FRIDAY  
FEBRUARY  
**23**

FAITH:  
Written on  
Your Heart

**R**

READ:  
**Proverbs 3:1-12**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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SATURDAY  
FEBRUARY  
**24**

FAITH:  
Growth  
Through  
Promises

**R**

READ:  
**2 Peter 1:1-15**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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SUNDAY  
FEBRUARY  
**25**

Message  
Notes

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MONDAY  
FEBRUARY  
**26**

**FAITH:**  
Even In the  
Face of Fear

**R**

**READ:**  
**Isaiah 41:8-16,**  
**43:1-7**

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**E**

**EXAMINE:**

- What does the text mean?
- What is the context of the passage?
- What do I like?
- Is there anything that I don't like?
- Is there anything I don't understand?
- What do I learn about God, people or myself from this passage?

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**A**

**APPLY:**

What would it look like for me to apply this week what I read?

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**P**

**PRAY:**

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TUESDAY  
FEBRUARY  
**27**

FAITH:  
Genuine

**R**

READ:  
**Luke 8:4-15**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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WEDNESDAY  
FEBRUARY  
**28**

FAITH:  
A Living  
Hope

**R**

READ:  
**1 Peter 1**

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**E**

EXAMINE:

What does the text mean?  
 What is the context of the passage?  
 What do I like?  
 Is there anything that I don't like?  
 Is there anything I don't understand?  
 What do I learn about God, people  
 or myself from this passage?

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**A**

APPLY:

What would it look like for me to  
 apply this week what I read?

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**P**

PRAY:

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